

# THE SONOMA COUNTY FOLK SOCIETY

January -  
February 2015  
Volume 20 No.1



<http://www.socofoso.com>

## SONOMA COUNTY BLUEGRASS & FOLK FESTIVAL

15<sup>th</sup> ANNUAL  
SATURDAY • March 14, 2015

1PM to 8PM • Doors open at noon

Sebastopol Community Ctr • 390 Morris Street • Sebastopol, CA



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### The 2015 Sonoma County Bluegrass & Folk Festival

The SoCoFoSo will be celebrating its 15th anniversary April 11, 2015, at the Sebastopol Community Cultural Center. It was originally held at the Analy High School Theater and was called the President's Day Bluegrass & Folk Festival because it was held that weekend in February. After five years we outgrew the high school facility which played host to many memorable performances including Rhonda Vincent, and Nina Gerber, and moved to the Sebastopol Community Cultural Center a short distance away.

The California Bluegrass Association has enjoyed a fruitful and practical partnership in producing this event with the Sonoma County Folk Society. It was with  
*continued on page 2*



### Congratulations KRSH! 95.9 on your FM dial...



The Krush is thrilled to announce our award of The Best Radio Station in Sonoma County voted on by thousands of Press Democrat readers from their 2014 annual poll.

It was a surprising e-mail when notified of our top 3 status in the Best Radio category, and an astonishing phone call when we were told we won! We offer our sincere thanks to all the listeners who 'clicked' in our honor.

21 years have passed since the first time KRSH went on-air, and we continue to strive to be Contrary to Ordinary radio. We hope you enjoy our eclectic roots style and encourage any and all feedback.

Call us at 588-9999 or e-mail [studio@krsh.com](mailto:studio@krsh.com).

Many thanks, the KRUSH



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NEW CD!

# Shake the Blues

The songs, artistry, and luthiercraft of John Knutson

David Grisman mandolins  
Bill Fouty acoustic bass

Available at The Last Record Store

john@shaketheblues.com

shaketheblues.com



## Shake the Blues

### CD REVIEW

by **Huckle** (aka **Simon Kurth**)

Amazing record! John is not only the singer, songwriter, guitarist, and harp player for this record, he also built many of the instruments that are played on it. His thirteen original compositions span forty-five years, and are firmly rooted in acoustic blues, jazz, and Americana. David Grisman's down and dirty, yet sophisticated melodic blues mandolin playing really adds to the expressive feel of each song, and provides a strong melodic counterpoint to the inventive and intelligent guitar stylings of Knutson's playing. Recorded in two live sessions as an acoustic trio, you can hear the spontaneity and intimacy of the recording process. The mix makes you feel like you are right there in the studio with the band listening to them. Also of note are the socially conscious lyrics that walk the line between poetic, autobiographical, humorous, and fiercely candid, and their honesty strikes a chord. 'Shake the Blues' a life statement, where the music you listen to has been literally crafted in every conceivable facet by the artist. This CD is available at The Last Record Store in Santa Rosa (first choice), and CD Baby online.



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### Festival

them in mind that we adopted the former date of the old SOCOFOSO, (as it is known locally), folk festival, the second weekend in March when we moved to the community center. It is with a great deal of pleasure and pride that the volunteers of both these organizations have put together a line up of quality entertainers in the bluegrass and folk world that people have come to expect every year.



This year we will feature Si Kahn. Author, musician, song writer, activist and to paraphrase his words the non resident, artist in residence at Sebastopol's Main Street Theater. Si with his guitar and an arsenal of songs covering such diverse topics as love, and labor and environmental activism has been a high profile performer on the folk scene for over 50 years. To quote Rosanne Cash, "If the arch of the moral universe bends toward justice, as Martin Luther King said, then Si Kahn has devoted his life to riding that arc. His powerful impulse to service, combined with deep compassion, is a force of nature. I put Si in the same category as Woody Guthrie and Pete Seeger,....."

The SCB&FF will also be the debut performance of the trio of Dan Crary, Bill Evans and Steve Spurgin. The guys are top notch professionals with long distinguished careers in the bluegrass world and we are very happy to have them be a part of our program. Kathy Kallick will bring her brand of traditional bluegrass to the SCB&FF for the first time in several years. Kathy, who has also appeared on our stage in the past with Nina Gerber, is still a fountain of great bluegrass songs and anyone who has seen her band or listened to her music in the last three years must surely realize they have been experiencing a golden age in the Kathy Kallick Bluegrass Band. This is in no small measure do to her ability to attract and keep top quality musicians, such as mandolinist, Tom Bekeney, fiddler, Annie Staninec, multi instrumentalist, Greg Booth and bassist Carey Black.

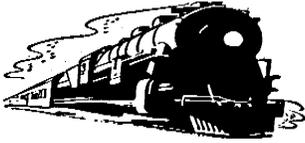
The rest of the line up will include two of my favorite traditional and contemporary bluegrass bands in Bean Creek, and Steep Ravine and singer songwriters Anne and Pete Sibley. The first half of the festival will be broadcast live by KOWS from 1pm to 4pm followed by an hour of interviews from 4 to 5pm. For more information call 707-861-9446 or 707-479-5529. Save the date!

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## Helping Make Our Newsletter Possible!

As we begin a new year with the Sonoma County Folk Society, the Board of Directors would like to express our thanks to our several sponsors. Most of these folks advertise in this newsletter, up to six times per year! Please consider supporting these businesses to show your appreciation of their participation, which keeps your dues low.

The Last Record Store and Tall Toad Music are certainly among the top music-related businesses in Sonoma County, and Jeff Martin at Studio E continues to delight us with wonderful concerts! Studio E is also a recording studio, as is Jackalope Records.

Walker Creek Music Camp has continually gained popularity since its inception. We are very lucky to have this high quality music camp just a short drive away! Remember to use your Shubb Capo, as Shubb has been a SoCoFoSo supporter for more than two decades!

Check out a couple of our newer sponsors—Bill Horvitz and John Knutson. Besides being wonderful in-demand musicians, these guys are both great teachers, and they know their instruments! They are great sources of information, instrument repair info and networking in the local music community.

Last, but certainly not least, think about taking your vehicle for a visit to Out West Garage in Petaluma! We've never heard a complaint about their service, and we know that their friendliness and fairness are appreciated greatly by their customers



www.walkercreekmusiccamp.org  
director Ingrid Noyes 415-663-1342  
PO Box 840, Marshall, CA 94940

## Pick'n Pot Luck Recipe

### Autumn Stew

This colorful stew is a true celebration of autumn's abundance.

Makes 2 1/2 quarts (10 1-cup servings)

- 1 1/2 cups water, divided
- 1 tablespoon reduced-sodium soy sauce
- 1 onion, chopped
- 1 red bell pepper, seeded and diced
- 4 large garlic cloves, minced
- 1 butternut squash (about 1 pound)
- 1 15-ounce can crushed tomatoes
- 1 1/2 teaspoons dried oregano
- 1 teaspoon chili powder
- 1/2 teaspoon ground cumin
- 1/4 teaspoon black pepper
- 1 15-ounce can kidney beans, undrained
- 1 15-ounce can corn, undrained, or 2 cups frozen corn



Heat 1/2 cup of water and soy sauce in a large pot. Add onion, bell pepper, and garlic. Cook over medium heat until onion is soft and most of the water has evaporated, about 5 minutes. Peel squash then cut it in half. Scoop out seeds and discard. Cut squash into 1/2-inch cubes (you should have about 4 cups). Add to cooked onions along with tomatoes, 1 cup water, oregano, chili powder, cumin, and black pepper. Cover and simmer until squash is just tender when pierced with a fork, about 20 minutes. Add kidney beans and corn and their liquids and cook 5 minutes longer.

Recipe by Jennifer Raymond, M.S.



SONOMA  
COUNTY  
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SOCIETY

### FOLK NOTES

Published bi-monthly 6 times a year  
Sonoma County Folk Society  
PO Box 9659  
Santa Rosa CA 95405  
707-861-9446 -- www.socofofo.com

# A Sunshine Daydream, Daydream By Phil Lawrence

In August of 1972 I was not quite nineteen years old, but I had set out on an intrepid adventure to cross the United States by hopping freight trains. Along with two other companions from the University of Chicago who were equally besotted by the writings of Kerouac and other beat authors, I clambered aboard a boxcar in the Burlington Northern yards outside of Aurora, Illinois, and waited for the train to lurch and heave and head West under a warm, starry summer sky.

Two weeks later, battered and bruised and bitten by bugs of all kinds, after a wild ride along the Columbia River on a flat car carrying army jeeps, in which each of us sat behind the wheel of our own vehicle, I leapt off my last train in Portland, Oregon, parted ways with my comrades, and began to hitchhike any old which way south. I landed in Eugene later that day where I managed to bum a temporary shelter from a communal home of Jesus freaks, who saw in me a prospect ripe for conversion. Notwithstanding all their efforts to proselytize me, I remained, apparently, a staunch sinner. Or at least, that's what they told me. And that's why they evicted me. But let me tell you how they came to that obvious conclusion.

I found myself lounging about the mall in Eugene on a warm sunny afternoon, just grooving on the scene, with no particular place to go and no particular people to see. I had a place to crash with the Jesus freaks, and I had time, lots of time, to chill. I encountered another young man who was my age approximately and who was in a similar shiftless condition, travelling with no direction, and happily loafing a la Huckleberry Finn. Intangible forces drew us together, and we bonded instantly, reveling in the freedom which only the purposeless and directionless traveler, unconstrained by time and commitments, can truly know.

Very few words were exchanged between us. We spent a good deal of time gazing upon the girls of Oregon in their summer clothes as they strolled the along the vibrant mall. We smiled; we laughed; we longed. At one point my companion remarked that the Grateful Dead were playing a concert that day nearby. Tickets were three dollars, a considerable stretch of our finances, but we managed to come up with the money and we hitched a ride to Veneta, where the concert was to take place.

Set in a large, spacious meadow surrounded by dark green Oregon forest on one of the hottest days of the year, the concert remains largely a blur in my memory. I can still feel the heat of the sun, and I can still smell the pines and the sweet grass. I remember the colorful crowds of people, and the omnipresent clouds of marijuana. I wandered the field and took in the sights and sounds. I remember marveling at an enormous teepee near the rear of the meadow in which a silent and grave looking circle of heavily bearded hippies were sharing a sacred pipe. Girls there were a plenty, young beautiful hippie girls, and many of them naked in the torrid sun. To my amazement, I beheld in the sky above the teepee a small orange blossom begin to unfold. It grew slowly ever larger and larger, swirling gently downwards in a dizzying descent. As it became more visible, I began to grasp that the blossom was a butterfly; but then no--it was actually a parachute. Yes, a parachute. A man dangled from its cords with a determined and fierce expression. And before my popping eyes he landed in the midst of the crowd and gathered up his chute.

Hunger had I none, but thirst. People shared water, and there was plenty of free yogurt. I rejoined my companion and with many thousands of others we danced to the irrepressible rhythms of The New Riders of the Purple Sage. The blistering sun only added to their drive and energy. And then came The Dead.

How to describe the Dead? They were flesh and blood I'm sure. I have seen the newly released video of the concert, so I know that is true. But they were more than the sum total of all the atoms in their bodies. They were the quintessence of Sound--ineffable Sound, formless and free, yet unified and purposeful. The air became their Sound. The trees and their branches swayed to the Sound; the Sound of Phil Lesh's bass reverberated deep beneath the bones of the ribs and the notes of Jerry's guitar drifted and swirled and swayed upon the air in ribbons of color, singing and crying and probing every pore of the skin and the soul. From the rear of the meadow to the front of the stage the Sound permeated every one of us.

*See conclusion in next issue...*



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## Songwriters from near and far, come join the fun!

YOU ARE INVITED to come and join West Coast Songwriters competition, the 3rd Wednesday of every month at Aquas Cafe in Petaluma.

Sign-ups start @ 6:30, performing begins @ 7:00.

Hosts: Mark Rafferty & Jay Gottlieb.

For more info about W.C.S., see our website,  
[www.westcoastsongwriters.org](http://www.westcoastsongwriters.org).



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## North Bay Live

### (Schaeff-Abel Productions)

For all show details, [www.northbaylive.com](http://www.northbaylive.com)

All shows at the Occidental Center For The Arts

Tickets are at the Last Record Store in Santa Rosa (1899 Mendocino Avenue) also at Sunnyside Cottage in Santa Rosa (599 Montecito Center, next to Oliver's Market).

To order tickets through the mail, send a self-addressed stamped envelopes and include which concert(s) you'd like tickets for, your email address, phone number, and check payable to: LAURIE SCHAEFFER.

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## News Flash!



The weekly North Bay Area bluegrass & old time music jam in Sebastopol will be moving. The new location will be the Community Market right across the street from our current location at Coffee Cats on HWY 12 in the Barlow Center. Our first day will be January 17 from 2-5 pm. The market has a larger space and plenty of parking. Most of all they are enthusiastic about us being there. For more information call 707-479-5529.

## Other Upcoming events...

**PUT IT ON YOUR CALENDARS!**

### **THE NEXT SoCoFoSo PICKIN' POTLUCK**

**is Sunday March 29th.**

### **Sebastopol Grange**

**6000 Sebastopol Ave. (Hwy 12)**

**1:00 to 5:00 PM**

**MUCH PICKIN'  
MUCH POTLUCKIN'  
MUCH FUN!**



## **Kevin Russell Presents:**

### **The 3rd Annual Sebastopol Acoustic Guitar Festival- 2015**

**Saturday January 31st, 2015---  
noon to 10:00pm**

The Sebastopol Community Center,  
390 Morris Street, Sebastopol

With concerts by master guitarists Nina Gerber  
and Mike Dowling

Tickets available through The Sebastopol Community Cultural  
Center at 707-823-1511 or online at [www.seb.org](http://www.seb.org).

An all access pass is \$40 the day of the show BUT if folks buy in  
advance they can get the all access pass for a mere \$28!! This all  
inclusive ticket allows access to both major concerts  
(Nina Gerber and Mike Dowling), as well as all the classes, luthier  
talks, and the nine additional mini-concerts!

The hundredth person to purchase an all event pass to the festival  
will receive a prize! And that prize will be the book, My First  
Guitar: Tales of True Love & Lost Chords from 70 Legendary  
musicians by Julia Crowe!

For details, contact Kevin at [krussellmft@aol.com](mailto:krussellmft@aol.com)  
or 707-824-1858.



### **Blue & Lonesome, aka Ed Neff & Friends**

Bluegrass with some of the Bay Area's finest musicians:

Ed Neff on mandolin, Paul Shelasky on fiddle,  
Mike Wilhoite on guitar, Larry Cohea on banjo  
and Jeff King on bass. And many surprise guest pickers!

Thursdays, 6:30 - 10:00 pm

Willowbrook Ale House, 3600 Petaluma Blvd. North  
Petaluma 707-775-4232



## **Ukulele Undercurrents- by Gary Sugiyama**



Gatherings where you live...

•Sebastopol Singing Ukuleles/Sebastopol

Open song circle with shared leadership bring 15 copies for  
others or use the two Santa Cruz ukulele books (or the Daily  
Uke books/yellow & blue).

Meets 1st Tuesday monthly at Coffee Catz at the Gravenstein  
train station, 6761 Sebastopol Ave.

5:45-6:30 dinner and 6:30-8:30 sing and play.

Facilitator: Dan Gurney [http://groups.yahoo.com/neo/  
groups/sebastopolsingingukuleles/files](http://groups.yahoo.com/neo/groups/sebastopolsingingukuleles/files)

•Petalukes

First and third Monday of each month, 7-9 pm,  
the Petaluma Senior Center on Novak Drive

<http://launch.groups.yahoo.com/group/Petaluke/>

•Ukulelians/Santa Rosa

Both Beginner & Intermediate classes

the Person Senior Wing of the Finley Center, 2060 West College  
Avenue, Santa Rosa.

\$2/class to Finley

Get weekly music list for both classes at the yahoo site [http://  
launch.groups.yahoo.com/group/ukulelians/files](http://launch.groups.yahoo.com/group/ukulelians/files)

•Ukestars/Sebastopol

Sing along meets every Friday 10 am-12 noon

the Community Church in Sebastopol, 1000 Gravenstein High-  
way North.

Group book to buy and handouts. Some performances.

Director: Vicki Reno

•Healdsburg Jam

Every Friday 12:45 pm - 2:15 pm

Healdsburg Senior Center - 133 Mattheson St. All levels wel-  
come.

•West County Ukulele Club

3rd Thursdays Union Hotel in Occidental 6-9pm

<http://launch.groups.yahoo.com/group/westcountyukeclub/>

•Santa Cruz Ukulele Club

[www.ukuleleclub.com](http://www.ukuleleclub.com)

...Keep on Strummin'- Gary



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Music lessons at your location: note reading, theory, piano instruction for all ages. Laurie 707-869-9230

Steve Wharton teaches Bluegrass: banjo, Old Time banjo, dulcimer, and autoharp For details, 707-887-2518.

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<http://www.seb.org/class/1965027-celtic-tunes-workshop-beg-->

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Great programs of particular interest to folkies...

"KRCB has a new listening ap. Look for KRCB in the Apple Store or Google Play. It's Free!"



KRCB Monday through Friday, 9:00 to Noon with Brian Griffith &

•Monday through Thursday Noon to 2:00 with Doug Jayne Americana, Folk, Blues, Light Rock and Singer-Songwriter

•Monday Evening 7:00 to 10:00 Lots of Folk; Your Average Abalone with Johnny Bazzano alternating with Newtonian Dreams with R.T. Newt.

•At 10:00 Stay tuned for Folk Alley

•Tuesday Evening, 9:00 - 11:00 Lady Spins the Blues with Mary Carroll.

•Wednesday Evening 8:00 -10:00 Reprise of New Music Hour with Doug & Brian.

Connections With Michelle Stewart or Mindy Barrett

•At 10:00, Stay Tuned for e-Town, Co-hosted by Nick Forester from "Hot Rise" Live Folk & Singer/Songwriter performances

•Friday 1:00-2:00 e-Town reprise

•Saturdays, 10:00 to 12:00, West Coast Live, Lots of live Folk & Singer/Songwriter

•At 12:00 to 1:00 Thistle & Shamrock, Celtic Music

•At 1:00 - 5:00 Our Roots are Showing Steve DeLap & Doug Jayne alternating

Sunday, 11:00 - 1:00 New Orleans By The Bay, Basin Street et. al, Linda Seabright

At 1:00 - 3:00 Crossing Borders with Amy Contardi, Glen Alpert & David Sharpe. Great World Music



## Turn Your Radio On KRSH: 95.9FM



•"Singer-Songwriter Heaven" Mondays 7-10 PM

Hosted by Robin Pressman

•"Freight Train Boogie" Tuesdays 7-9 PM

With Bill Frater is now on the Krush, KRSH 95.9

•"Krush Uncorked" Sundays 9-11 AM.

Singer-songwriter acoustic and unplugged music with Bob Sala



## Sonoma County Folk Society Membership Application

Annual membership  \$10 Individual  \$15 Family  
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Membership begins and ends in the month you join or renew

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Note:

Contributions to the Sonoma County Folk Society are tax deductible to the extent permitted by law.

# Acoustic Music Jams :

## • THE REDWOOD CAFE

8240 Old Redwood Hwy, Cotati

The Celtic Sessions, led by Janette Duncan and Roxanne Oliva

2nd Sunday of the month from 3 to 5 PM.

For details call: 585-3138

Old Time Jam

Hosted by Janette, Steve and Chris

4th Sunday of the month, 3 to 5 PM. Details, 570-2745

## • COFFEE CATZ

6761 Sebastopol Ave, Sebastopol,

On Hwy 12 at the Train Station, east end of town.

Check it out every Saturday afternoon from 2 to 5 pm.

Old-time, bluegrass, old country.

## • MOUNTAIN HIGH COFFEE & BOOKS

16295 Hwy 175, Cobb, CA 95426

Old Time Jam – 2nd Saturday of every month – 4-6pm

## • BLUEGRASS AND OLD-TIME JAM

The 4th Wednesday of every month, 7-9pm at Aquas Café in Petaluma

For info and details: 415-706-1997 or [murphyjohn2008@yahoo.com](mailto:murphyjohn2008@yahoo.com)

## • SANTA ROSA TRADITIONAL FRENCH SESSION.

2nd Wednesdays, 7-9 PM, Gaiia's Garden Restaurant Traditional folk music of central France on unusual folk instruments (such as the hurdy-gurdy).

For details, [www.santarosafrenchsession.com](http://www.santarosafrenchsession.com).

## • OPEN JAM, COMMUNITY MARKET, The Barlow

Every Fourth Thursday

6:00 - 8:30 -

6762 Sebastopol Avenue, Sebastopol



## • SANTA ROSA SLOW CELTIC SESSION

3rd Wednesdays, 7-9 PM, Gaiia's Garden Restaurant, Santa Rosa.

Traditional celtic players of all levels welcome.

[www.srslowcelticsession.com](http://www.srslowcelticsession.com).

## • CELTIC AND OLD TIMEY JAM.

Fourth Thursdays, starting May 22nd at

Community Market in the Barlow Center in Sebastopol, 6:30 to 8:30.

Come early and buy some hot food from the deli will make our hosts happy.

## Singer's Circle...

Meets 4th Friday of most months.

For information call Dennis Drury at 829-0883.

## Dance Dance Dance...

### • DANCE AWAY

Contra and English dancing every weekend! Live music, lessons and callers.

For detailed info contact: NBCDS Dance Line (707) 527-9794 or

[www.nbcds.org](http://www.nbcds.org) or email: [info@nbcds.org](mailto:info@nbcds.org)

### • APPLE TREE MORRIS

Weekly in Sebastopol. Information: 829-3478 or

[kalia@sbcglobal.net](mailto:kalia@sbcglobal.net)

### • SANTA ROSA SCOTTISH DANCERS

Scottish Country Dance

Weekly--Mondays 7:00 p.m. Monroe Hall

Beginners welcome

Cape Breton Step and ladies step Thursdays 7:15

Ellington Hall Information: [ronaldwallace@gmail.com](mailto:ronaldwallace@gmail.com)



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**Sonoma County Folk Society  
PO Box 9659  
Santa Rosa CA 95405-9659**

**• NEXT DEADLINE FOR SUBMISSIONS •  
February 10th  
To Steve: [steves32@sonic.net](mailto:steves32@sonic.net)**

