

THE SONOMA COUNTY FOLK SOCIETY

November -
December 2012
Volume 17 No. 6



<http://www.socofoso.com>

A SPECIAL SoCoFoSo PICKIN' POTLUCK

Sunday December 30th



SUBUD HALL
234 HUTCHINS AVE
SEBASTOPOL



OUR 2013 PLANS! YOUR MUSIC!

SoCoFoSo members and prospective members are invited to gather on December 30th 1:00-2:00 for a Special Member Meeting & Pickin' Potluck!

FREE FOOD! OPPORTUNITIES ABOUND!

We will try a little brainstorming and idea-sharing for SoCoFoSo in 2013. The Board of Directors is interested in YOUR ideas. What activities or concerts would you like to have? Do you have fresh ideas about jamming or other social gatherings? Do you want to participate more? All suggestions welcome! Your folk society is here for your benefit, so speak up and be heard.

Meeting at 1:00 then time to eat! Main dish and beverages will be provided by your Folk Society!

You may bring salads, sides or desserts.

Then, JAM ON! We will have at least one side room open for more intimate jamming, in addition to the main hall and the dining area.

Videos of local musicians will be shown continuously!

GET INVOLVED! EXPRESS YOURSELF!

WE WISH ALL OF OUR
FRIENDS AND MEMBERS
PEACE AND JOY FOR THE
NEW YEAR.

HAPPY HOLIDAYS



Happy Thanksgiving

Intrepid

Review by Janet Dove

Jim Hurst once again knocked my socks off! Having seen him just a year ago, I was very pleased to discover mostly new music in his recent show at the Sebastopol Community Center Annex. Jim highlighted his new C.D. "Intrepid". From "Papa's Knee" to "Gadget Daddy" to "Through the Garden", his words are sweet, gentle and true. Jim is a real family man, and his pride and priorities became evident as he introduced "Through the Garden", written by his mother and father!

Admittedly, Jim is best known as a stellar guitarist, primarily in Bluegrass circles. This recent performance and C.D. certainly do feature fantastic and intricate guitar work, but also showcase Jim's gentle voice in a style of what I would consider "folk music". His voice on these songs reminds me somewhat of Burl Ives, not so much because of the tone and range, rather because of the warmth and kindness resonating from this genuinely kind man. Thank you, Kevin Russell, for bringing Jim to Sonoma County. Thank you, Jim Hurst, for "Intrepid".

Note: Kevin Russell is bringing Jim Hurst and Rob Ickes to the Sebastopol Community Center on December 14, 2012!

See listing under Upcoming Events page 4.

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**Notes from our
President,
Steve DeLap**

**Thoughts about folk music and
the people who make it**

Well, as you read this, the 2012 election is over, yet as I am writing this, the election is not over, so, whichever side you are on, you're either digging in for four years of frustration or you're feeling fairly jubilant. Either way, making music is a great way to celebrate or commiserate as needed. Meanwhile, let's look at some upcoming activities and opportunities involving folk music.

I just received my latest issue of Sing Out!, the Folk Song Magazine. This publication, a non-profit foundation, has been surviving through thick and mostly thin for more than 60 years. It started out I believe in 1949 as a pamphlet called "People's Songs" and quickly became a voice for folks like Pete Seeger, Leadbelly and many others. Pete is still on the advisory board for the publication. It has continued through many evolutions, from newsprint to glossy covers and back again a time or two.

As you might expect, magazines have generally fallen on hard times and Sing Out! is no exception. They have recently created an on-line edition and are continuing their excellent documentation of happenings in the world of folk music. It's looking a little thinner these days but is still the best folk music publication going. If you haven't taken a look at Sing Out! you might check it out. (www.singout.org).

A quick visit to the internet and inputting the name "Rosalie Sorrels" will get you information about someone whose life was dedicated to the finding and performing folk music in its purest form. Rosalie was a regular at the Kate Wolf Festival, traditionally ending the Sunday night concert with her own unique version of Kate's "Give Yourself to Love". At age 78, Rosalie has retired. Her health will no longer support the traveling and performing lifestyle. It is a given that as a folk musician, Rosalie's financial situation is not the best. Fundraisers have been held at the Freight & Salvage and other venues and there may be more to come. Need we say that any support you can throw Rosalie's way would be greatly appreciated.

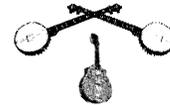
Though there are no plans at present but a Sonoma County Folk Society benefit concert is always possible. Please let us know if you would like this.

Note that plans, big plans are in process for our 5th Sunday Pickin' Potluck happening December 30th at Subud Hall. We'll be letting folks know what we've cooked up soon! Have a great Thanksgiving, A Merry Christmas, and go sing and play whenever you get, or make, the chance.

**We are making plans for the 2013
SoCoFoSo Folk and Bluegrass Festival,
make your plans NOW!**



At this writing the Sonoma County Bluegrass & Folk Festival is scheduled for Sunday March 10, 2013 at the Sebastopol Community Cultural Center. Doors will open at noon and music begins at 1pm and runs till 8:30 pm. This year there will be appearances by Nell Robinson and Jim Nunally, the Central Valley Boys, James Reams and the Barnstormers, Missy Raines and the New Hip and Chris Webster and Nina Gerber. There will be workshops and another act TBA. For more information call 707-829-8012.



**Birth 2012
in Peacetown, USA**

**The clan will be gathering on
December 22, 2012 to celebrate
the arrival of the new era of
cooperation and conscious
evolution.**

- THE EVENT WILL TAKE PLACE AT THE SEBASTOPOL COMMUNITY CULTURAL CENTER 390 MORRIS STREET FROM 3:00 PM TO 11:00 PM.

There will be live music, dance, art, kirtans, drum circles, meditation groups, ecstatic poetry, and soulful connections.

KOWS, the local free radio station from Occidental will be arranging the acoustic music which includes a performance by Teresa Tudury.

Also performing will be Steven Halpern, The Blue Moon Band, Love Choir, Francis Rico, Sahar, Kim Atkinson, and many more.

Tickets are \$10.00 advance; \$15 at the door and are available at www.brownpapertickets.com, People's Music and the Last Record Store.

Come and bring your heart to be apart of this worldwide event celebrating the birth of a new consciousness.

For details contact:

Jim Corbett

(707)823-5849

jimcorbett22@comcast.net

FOLK NOTES

Published bi-monthly, 6 times a year
Sonoma County Folk Society
P O Box 9659 Santa Rosa CA 95405-9659
For information, call 707-861-9446
<http://www.socofoso.com>

You Can Write Great Songs!

Part 2

by Melissa Phillippe,

Music Form and Style Support Content: If the lyrics to your song are about a break-up or someone dying, most likely it will fit best with music that creates a ballad. Examples of great songs that break this rule are: 'Bye Bye, Love' and 'Help!' As I said, every rule can be broken successfully. It's just not as simple to do it this way and end up with a great song.

Consistency of Rhythm and Rhyme and Language Style: From one verse to the next, keep your rhythm and your rhyme schemes consistent! Consistency of language style is also important. If you are formal in the first verse, perhaps using a word like "foretold," then stick with this more formal style throughout.

Less is more: Please, if nothing else, remember this one! Remove all extra lyrics. Words like "just, very, but, and" are sometimes necessary to help words make sense. But if there is any way you can remove them, do so!

One Thing!: Make sure your song is only about one thing! This is another trap for beginners. You decide to write a song about everything in life that has meaning for you. Don't do it! Unless you are writing a comedy song...then maybe.

Each song should be about one thing, with one main idea running through it. This idea is the chorus, and every other part of the song leads back to it.

Bridge: Not every song needs a bridge, but many do. If you have a song that seems at all repetitive (typically after a few verses and at least two choruses), you might consider writing a bridge. But if so, make sure you keep to the purpose of the bridge, which is to give the listeners a break. In this way, when you return to the chorus after, they feel relieved and grateful. This means that your bridge should provide contrast in every way you can make it do so, and remain musical. Lyrically, you can change the viewpoint in this section – for instance from being personal, to a more global view.

Leave Preachin to the Preacher: Do your best to stay away from preaching or moralizing. You can more successfully inspire someone by showing them a story, rather than telling them what to do. Often, all that is needed to alter a song to "fix" this is to take the viewpoint from someone telling someone – "you" – to making it personal – "we."

Other Points to Consider: Some other basic, but imperative points include –

* Does it "sing well?"

* You might play with the country standard idea of creating a "twist" for extra "punch" or strength, using a hook lyric that can be taken two ways.

* When using them, make sure you have complete, and not conflicting, metaphors. Metaphors can be used to support the lyric in "going deeper." But if there are too many or there is one which is taken too far, the listener will shut down.

Of course, it is important to remember that all of these are just tips and tools to help make your songs better. The idea is to bring you greater joy when you write and sing your songs. The most important point is to enjoy the process. It is my intention that these help you, not hinder you, in writing great songs! So, most importantly, have fun!

Walker Creek Music Camp

April 5th-8th, 2013

At the beautiful Walker Creek Ranch,
west of Petaluma, (walkercreekranch.org)
An hour from the metropolitan Bay Area.

Instruction on all major bluegrass and old-time instruments, elective classes, dancing, concerts, special program for young children.
Scholarships, accommodations and meals available.

Registration opens November 1st!

For details: www.walkercreekmusiccamp.org/
or Ingrid Noyes at 415-663-1342 after 9:00 a.m.



Editor's Eye

essays correspondence books
scholastic & newsletters

Laurie Reaume

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PUT IT ON YOUR CALENDARS!

**THE NEXT SoCoFoSo
PICKIN' POTLUCK**

is Sunday December 30th

**SUBUD HALL
234 HUTCHINS AVE
SEBASTOPOL**

1:00 P.M. TO 5:00 P.M.

For details call: 707-861-9446

**MUCH PICKIN'
MUCH POTLUCKIN'
MUCH FUN!**



Blue & Lonesome, aka Ed Neff & Friends

Bluegrass with some of the Bay Area's finest musicians:

Ed Neff on mandolin, Paul Shelasky on fiddle,
Mike Wilhoyte on guitar, Larry Cohea on banjo
and Jeff King on bass.

Thursdays, 6:30 - 10:00 pm

Willowbrook Ale House, 3600 Petaluma Blvd. North
Petaluma 707-775-4232



Kevin Russell Presents:

November 9th Nell Robinson & Jim Nunally
at Sebastopol Community Center Annex
Doors at 7:30, showtime 8:00pm

December 14th Rob Ickes & Jim Hurst at Sebastopol
Community Center Annex
Doors at 7:00, showtime 7:30pm

*Unless otherwise noted, all shows will be at the
Sebastopol Community Center Annex
425 Morris St., Sebastopol, California*

**Tickets: \$22 in advance,
\$20 for CBA & Folk Society members, \$25 at the door**
Contact Kevin @ 707-824-1858
or krussellmft@aol.com

**From Women's Hearts and Hands
Guitar Camp January 18 - 21, 2013**

Mendocino, CA. Excellent guitar instruction for women
by women in a supportive, beautiful environment. Begin-
ner - Advanced Intermediate. Folk, Blues, Jazz, Finger-
style, Celtic, Brazilian, Chord Melody, Chord Theory,
Alternate Tunings, Performance Opportunities. Song
Circles. Delicious, nutritious catered meals. Information:
707/869-9642. www.WomensHeartsAndHands.com.
Registration deadline: December 14, 2012

Ukulele Undercurrents...

Get ready for the 2nd annual
UKES ON THE LOOSE gathering
November 10th, 9 am - 10:00 pm
The Bishop's Ranch
5297 Westside Road, Healdsburg



If you didn't attend last year here's what you missed: group
sing-a-longs with all the North Bay ukulele groups, peer-led
workshops, spontaneous jams, two good meals and an open
mike in the evening to showcase our local talent.

For ticket info, contact Gary Sugiyama at gmscmtn@
sonic.net

November 2, First Friday Live - Ukulele Festival
Friday, November 2, 2012, Music at 7pm, doors, 6:30pm
Sebastopol Community Cultural Center Main Building
390 Morris St, Sebastopol, CA

Pick'n Pot Luck recipe

- QUICK BLACK BEAN AND SWEET POTATO CHILI**
makes 8 or more servings
- 3 medium-large sweet potatoes
 - 2 tablespoons light olive or extra virgin oil
 - 1 cup chopped onion
 - 2 to 3 cloves garlic, minced
 - 1 medium red bell pepper, diced
 - Two 28- to 32-ounce cans black beans, drained and rinsed
 - One 28-ounce can diced tomatoes
 - One 16-ounce can crushed tomatoes
 - one 8-ounce can chopped mild green chiles
 - 2 teaspoons ground cumin, or more, to taste
 - 1/2 teaspoon dried oregano
 - 1/4 cup minced fresh parsley or cilantro, or more, to taste
 - 2 to 3 scallions, thinly sliced
 - Salt and freshly ground pepper to taste



Bake the sweet potatoes until just firm. When cool enough to handle,
peel and cut into 3/4-inch dice. Set aside until needed.

Heat the oil in a large soup pot. Add the onion and garlic and sauté over
medium heat until the onion is golden. Add the remaining ingredients
except the last three. Bring to a simmer, then simmer gently, covered for
15 minutes.

Add the sweet potato dice and continue to simmer for 10 to 15 minutes
longer, or until the vegetables are tender.

Stir in the parsley and scallions, then season gently with salt. If time
allows, let stand off the heat for an hour or two, then heat through as
needed.

Lessons • Lessons • Lessons

◇ Fiddle Lessons: Contra and Square dance styles, Celtic, Scandia and other International styles by ear and reading with music theory, Janette Duncan 707-570-2745

◇ Lessons in guitar, old time banjo, piano and beginning accordion. With Ingrid Noyes, in Marshall, on the shores of Tomales Bay. For details: 415-663-1342 or e-mail ingrid10@sonic.net

◇ Kay Eskenazi loves to teach guitar, Folk, Blues, Jazz, Bossa Nova, Fingerstyle, Celtic and Classical styles. 707/869-9642 service@WomensHeartsAndHands.com

◇ Music lessons at your location: note reading, theory, piano instruction for all ages. Laurie 707-869-9230

◇ Steve Wharton teaches Bluegrass: banjo, Old Time banjo, dulcimer, and autoharp For details, 707-887-2518.

◇ Learn to play Polish fiddle
Nanette Fynan 707-569-0565

◇ Play the String Bass: lessons in Sebastopol
Bill Amatneek 707-824-8084

◇ Mandolin lessons with Phil Lawrence in Sebastopol
All Styles--All Levels (707) 824-1198 or email: phlawrence53@yahoo.com

◇ Begining banjo lessons with Mark Hogan at Peoples Music.
707-823-7664 or 829-8012



Turn Your Radio On KRCB: Our own NPR Station at 91.1 or 90.9 FM

Great programs, some of particular interest to folkies...

◇ Mondays: 8:00 to 10:00 PM

• **Your Average Abalone**, hosted by Johnny Bazzano, 1st and 3rd.

• **Shaken, Not Stirred**, hosted by Chris Olson, An eclectic music program and some... 2nd and 4th.

◇ Tuesdays 10:00 to Midnight

• **Crossing Borders**, hosted by Amy Contardi, World music

◇ Wednesdays: 8:00 to 10:00 PM

• **Connections**, hosted by Doug Jayne and alternating host, Allegra Broughton, Folk, Rock, Blues and Americana
◇ Thursdays: 8:00 to 10:00 PM

• **Freight Train Boogie**, hosted by Bill Frater, Roots, Country, Folk, Blues, Rock, *alternating with*

• **On The Road Again**, hosted by Linda Seabright

◇ Saturdays: Noon to 1:00 PM

• **Thistle and Shamrock**, Celtic music

◇ Saturdays 1:00 to 5:00 PM

• **Our Roots Are Showing**, hosted by (*alternating hosts*) Robin Pressman and Steve DeLap. Folk, Acoustic, Singer-songwriter, Blues, Bluegrass



Turn Your Radio On KRSH: 95.9FM

◇ "Krush Uncorked" Sundays 8-11 AM. Singer-songwriter acoustic and unplugged music with Bob Sala

◇ "Krush Americana" Monday evenings 7:00 to 10:00 PM. Old n' new twang, Country, Americana and Roots Music with Bill Bowker



A great opportunity for stardom! Would some of our members please share some of their favorite recipes for the Pick'n Pot Luck column.

They can be simple and easy, please email em to steves32@sonic.net, Many thanks, Steve H



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Sonoma County Folk Society Membership Application

Please fill out and mail: - \$10.00 Individual - \$15.00 Family Make checks payable to SoCoFoSo.

2 Year special membership \$17.50 Individual - \$25.00 Family NEW RENEWAL

Mail to: SoCoFoSo, PO Box 9659 Santa Rosa CA 95405

(Please print)

Name

Address

City

State

ZIP

Phone

EMail

comments:

Membership begins and ends in the month you join or renew.



Contributions to the Sonoma County Folk Society are tax deductible to the extent permitted by law.

Acoustic Music Jams :

• THE REDWOOD CAFE

8240 Old Redwood Hwy, Cotati

◇ The Celtic Sessions, led by Janette Duncan and Roxanne Oliva

Second Sunday of the month from 4 to 6 PM.

For details call: 585-3138

◇ Old Time Jam

Hosted by Janette, Steve and Chris

4th Sunday of the month, 4 to 6 PM. Details, 570-2745

• COFFEE CATZ

6761 Sebastopol Ave, Sebastopol,

On Hwy 12 at the Train Station, east end of town.

Check it out every Saturday afternoon from 2 to 5 pm.

◇ Old-time, bluegrass, old country.

• MURPHY'S IRISH PUB

464 First St Sonoma

◇ First Sunday of the month, 3:30 - 5:30, celtic jam

For details call 935-0660

• MOUNTAIN HIGH COFFEE & BOOKS

16295 Hwy 175, Cobb, CA 95426

Old Time Jam - 2nd Saturday of every month - 4-6pm

• BLUEGRASS AND OLD-TIME JAM

◇ The 4th Wednesday of every month, 7-9pm at Aquas Café in Petaluma

For info and details: 415-706-1997 or murphyjohn2008@yahoo.com



◇

• BLUEGRASS JAM.

◇ 1st & 3rd Tuesday of every month, 7pm - 9pm,

Subud Hall 234 Hutchins Ave, Sebastopol. Intermediate to advanced jam.

Hosted by "Uncle" Dave Carlson. 707-843-5181

• SANTA ROSA TRADITIONAL FRENCH SESSION.

◇ 2nd Wednesdays, 7-9 PM, Gaia's Garden Restaurant Traditional folk music of central France on unusual folk instruments (such as the hurdy-gurdy). For details, www.santarosafrenchsession.com.

SANTA ROSA SLOW CELTIC SESSION

◇ 3rd Wednesdays, 7-9 PM, Gaia's Garden Restaurant, Santa Rosa.

Trad celtic players of all levels welcome. www.srslowcelticsession.com.

Singer's Circle...

◇ Meets 4th Friday of most months.

For information call Dennis Drury at 829-0883.

Dance Dance Dance...

• DANCE AWAY

◇ Contra and English dancing every weekend! Live music, lessons and callers. For detailed info contact: NBCDS Dance Line (707) 527-9794 or www.nbcds.org or email: info@nbcds.org

• APPLE TREE MORRIS

◇ Weekly in Sebastopol. Information: 829-3478 or kalia@sbcglobal.net



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Sonoma County Folk Society
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• NEXT DEADLINE FOR ARTICLES •
December 10th
To Steve: steves32@sonic.net

